

The Grill at Kitlas Restaurant

Rte 5-s ,Turner Exit , 2242 Broad St., Frankfort 732-9616

Pierogi:
3 Potato & 3 Cabbage With Fried
Onions or Plain, With Butter
With Bacon or Mushrooms \$7.95
+.95

Golumbki:
Cabbage rolls stuffed with rice \$7.95
And choice ground beef

Kitlas House
Potato Skins: * Jumbo Skins
loaded W. Bacon & Cheese \$6.95

Kitlas Batter-Dipped
Calamari: \$7.95
With choice of Marinara,
Cocktail or Oriental Sauce

Entrée Selections

Sliced Grilled Jack Daniels
Strip Steak:
Tender sliced, N.Y. Strip Steak
Grilled with Roasted Sweet red Peppers,
Onions over Rice with House Bourbon Sauce \$12.95

Finest B.Q. Baby Back Ribs:
Tender Baby Backs Grilled with Special
House B.Q. Sauce, House Roasted Potatoes \$13.95
With Chicken \$15.95
Full Rack \$18.95

Grilled Double Greek Style
Chicken Breast :
Boneless Marinated Chicken Breast
Grilled, Served over Rice, lightly topped with
Greek Salad and side of house taziki(yogurt
sauce) \$12.95

Lamb Souvlaki (Kabob):
Tender Marinated Chunks of Leg of Lamb, on Skewer
of Red Onion, Lemon Grilled to choice. Served over
House Rice and lightly topped With Greek Salad
and side of house taziki(yogurt sauce) \$13.95

Antipasto:
Classic Italian Salad with Meats, Cheese
& Vegetables finished with
Grilled Sweet Peppers, Toasted Cheese
Bread and House Italian Dressing \$8.50

Greens Thomas:
Tender Sauted Escarole with \$7.95
Special Grilled Tuscan Bread

Freshly Batter- Dipped
Saranac Onion Rings: \$3.95
With spiked Honey
Mustard Sauce

Kitlas Grilled Chicken
Wings Salad : 9 Deep Fried
Chicken wings in Special House
Sauce over romaine Salad with
Wing Sauce Dressing \$8.95

Lemon Rosemary Grilled Tuscan
Chicken Breast :
Marinated in Special Seasonings and
Served over Roasted Potatoes ,&
Sweet Red Peppers with Rosemary- Lemon
Olive oil \$12.95

Thick Cut, Grilled Pork Chop :
Served over House Roasted Potatoes with
Apples and touch of cheddar cheese \$13.95

12 oz Choice NY Strip or
Rib Eye Steak :
Grilled with our Special house seasonings \$16.50
For maximum flavor. Side included

Grilled Tuscan Stuffed Pork
Loin: Pork Loin Stuffed with Greens
Roasted Red Sweet Peppers and Provolone \$13.95
Over Mashed Potato & Marsala Sauce

* Special Items – When Available
Prices and items subject to change

Grilled Mediterranean Style Fish :

Specially Seasoned Haddock Filet Grilled And served over rice or pasta , topped with tomato, olives, roasted red peppers & onions with lemon seasoned Olive oil

\$12.95

Lemon Horseradish Crusted Haddock :

Haddock Filet pan seared with lightly coated lemon horseradish served Over mashed potatoes with Vodka Cream sauce

\$11.95

Lemon- Capocola Crusted Haddock Filet with Littleneck Clams:

Haddock Filet with Lemon peel ,crisp Capocola, Bread Crumbs, Pan Seared and finished with Little neck Clams or Mussels (on availability) with Greens, & Roasted Sweet Red Peppers

\$12.95

Italian/Pasta Selections

Home Style Pastas :

Thin Spaghetti **W. Mama's**

Meatball or Roasted Sausage

\$ 9.95

Cavatelli w. Broccoli

\$10.50

Cheese Tortellini

\$9.95

Lemon Chicken Francaise:

Thinly sliced Chicken Breast, sauté d golden Brown and crisp, served over house pasta with Lemon wine butter sauce

\$13.95

Substitute Veal + \$2.50

Classic Chicken Parmigianna :

Tender sauté d golden Brown and crisp Topped with house marinara sauce and generous Mozzarella cheese. Served with side pasta

\$12.95

Substitute Veal + \$2.50

Vodka Spiked Chicken, Sausage & Sweet Peppers Riggies:

Pan Broiled Sliced , Chicken Breast w. Sausage & Mozzarella Cheese served over

\$11.95

Penne Rigatoni in a House Marinara CreamSauce, Spiked with a dash of Vodka With Hot Peppers

+\$1.25

Grilled Potato Parmesan Crusted Chicken Breast :

Marinated Grilled Chicken Breast, seared with Parmesan Cheese, roasted sweet red peppers with Provolone Cheese, Steamed Broccoli, over Capellini

\$12.95

Special Sandwiches ,Selections & Sides**Kitlas Potato Crusted Flatbread Burger :**

1/3 Pd. Grilled Ground Beef on Grilled Flatbread with Lettuce Tomato and Fresh cut Fries

\$8.95

Kitlas Tuscan Chicken Sandwich :

Tender Grilled Chicken on a House Baked Focaccia Style bread with Tomatoes ,Provolone, House Roasted Sweet Peppers .House mashed or Fresh Cut Fries included

\$8.95

Ma's Polish Sampler: Golumbki, Potato And Cabbage Pierogi along with Fried Cabbage And Kielbasa

\$11.95

Oriental Grilled Sliced Chicken:

With Matchstick Cut Celery and Carrots With Fresh Pineapple and Fried Wonton Noodles Over rice

\$12.50

Mac 'n Cheese: \$ 2.95 House Roasted Potatoes : \$3.50 Fresh Cut Fries \$3.50

Mashed New Potatoes(with Skins) \$3.95 House Veggies: \$2.95 2 Kitlas Meatballs \$5.95

Sweet Sausage Italian & Peppers: \$4.95 Mushrooms and Saute'd Onions \$2.50 Kitlas

Greek Style Meatballs: Baked in Yogurt Custard-Sauce: \$5.95 (when available) Long Hot

Peppers : mkt price Bowl of Kitlas Soup with Focaccia Bread \$3.95
